


# YOUR GUIDE TO *Trekking in India*

From the lush tea estates and rhododendron forests in Darjeeling and Sikkim to the arid high-altitude desert and deep rocky valleys of Ladakh, a trek in India is fantastically varied. Find your ideal trip below, based on activity levels and highest altitude points.

## *Peaks of Ladakh*

ACTIVITY LEVEL  
**7**  
TOUGH

20,305ft  
(6,189m)

 Ladakh  
INDIA

## *Ladakh: Nubra Valley Trek*

ACTIVITY LEVEL  
**5**  
CHALLENGING

17,715ft  
(5,400m)

 Ladakh  
INDIA

## *In Search of Snow Leopards with Valerie Parkinson*

ACTIVITY LEVEL  
**3**  
MODERATE

14,930ft  
(4,550m)

 Ladakh  
INDIA

## *Darjeeling, Sikkim & the Singalila Ridge*

ACTIVITY LEVEL  
**4**  
MODERATE TO CHALLENGING


11,929ft (3,636m)

 Sikkim & Singalila Ridge  
INDIA

## *Spice Trails of Kerala*

ACTIVITY LEVEL  
**3**  
MODERATE

8,630ft  
(2,630m)

 Kerala  
INDIA

## *Ladakh: Trails of Little Tibet*

ACTIVITY LEVEL  
**3**  
MODERATE

13,392ft  
(4,082m)

 Ladakh  
INDIA

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