## YOUR GUIDE TO Trekking in The Himalaya

After trekking in the Himalaya for over 40 years, we have a fantastic range of routes that span across Nepal, India and Bhutan. We've created this accessible guide below to show you our activity ratings and maximum altitudes, so you can choose the trek that's perfect for you!



For more information on our Himalaya Treks visit: www.exodus.co.uk/destinations/asia-holidays/nepal-holidays/himalaya-treks