



COVID Testing Guidance for UK-based Travellers

For the foreseeable future, it is likely that our customers will need to provide evidence of a negative COVID test at different stages of their journeys. We appreciate that, at first, it may seem like a daunting task to ensure that you have everything in place to travel overseas and then return home. To help guide you through this, we have put together this step-by-step guide which will take you through each stage of the process. We have also listed the names and contact details of some private testing companies who offer these services, and have agreed to offer Exodus customers discounts should they choose to use them.

This guide has been thoroughly researched and all information is given in good faith; please note, however, that requirements are subject to change, with little or no notice. We will endeavour to keep our customers up to date should changes be made, but we strongly advise that each customer reviews the rules on COVID testing for international travel at regular intervals as they prepare for their trip with us.

Information from the UK government is available [here](#).



Summary of Testing Requirements

Step One: Test Before You Travel

Whether or not you will be required to take a test before you travel will depend on where you are travelling; some countries may allow travellers who have been vaccinated to enter without providing evidence of a negative COVID test. For more information on this please check the Entry Requirements section of our [Travel Hub](#). If you do need to take a test before you travel, these must be completed in the UK prior to departure. They are usually done in one of two ways:

By ordering a home testing kit, which is sent to you either in the post or via courier.

You complete the test yourself and return it to the testing provider, either by post or, where available, by taking it to a drop off point. They then process the sample and advise you if you have tested positive or negative. A certificate confirming the result is then made available for you to access electronically.

By booking an appointment for a test at one of their clinics, which you visit in person.

A test is administered by a trained health professional, who then send the sample to a lab for processing. You are advised of the result in the same way as with a home test, and the certificates confirming the result are provided electronically.

You can expect to be asked to provide the certificate confirming a negative test result when you check-in for your flight, when boarding the aircraft, and/or also at immigration when you arrive.

Step Two: Return to UK Test

Ensure you have checked, understood, and can comply with your home government requirements for return travel at the end of your trip. Please note these will be informed by your vaccination status, place of residence and may vary across each of the separate countries within the UK. There may also be additional requirements to be aware of if your return flight includes a transit/connection in a third country.

If you have been fully vaccinated you may not need to provide a negative COVID test prior to your return to the UK. Further guidance from the UK government, including the requirements for England, Scotland, Wales and Northern Ireland, which may differ, can be found [here](#).

If you do need to take a COVID test before your return to the UK, Exodus will ensure that customers can access testing facilities (test at customer's cost) in the final days of the trip. Your tour leader will assist with this; please inform them of your needs at the start of your tour.

Step Three: Test After You Return Home

Please note that these requirements and which type of test you need to take may vary, depending on your vaccination status, and where you reside within the UK. You can check your individual requirements [here](#).

From 30th November 2021, until further notice, individuals arriving in the UK who have been **fully vaccinated** against COVID will need to take a COVID test on or before your second full day at home.

- This must be a PCR test.
- You will need to self-isolate until you have received a negative test result.
- You will need to provide confirmation that this test has been booked on your Passenger Locator Form, which must be submitted within 48 hours of your return to the UK. This is done online [here](#).
- We recommend booking this test before you leave the UK to join your Exodus trip.
- These tests can be taken at home, or by booking an appointment at a clinic, depending on which testing provider you wish to use.

Anybody who have **not been fully vaccinated**, must:

- Take a PCR test on day 2 and day 8 after their return home.

- Self-isolate for ten days – you can shorten this to five days by making use of [Test to Release](#).



Testing Providers

The UK government requires that people who are travelling overseas do not use NHS testing facilities and must use one of their approved private testing providers. The full list of approved providers can be found [here](#).

As there is a large number of providers, we appreciate that it may be a difficult and time-consuming task to find one that will suit your needs. To save you time, we have identified four testing providers who we feel are well-suited to the requirements of Exodus customers.

More details can be found below, and you can access a quick-reference table at the bottom of this document.

We want to make clear that it is each customer's own responsibility to ensure that they choose a testing provider that is appropriate for them; Exodus are not liable for any additional costs incurred in the event of issues arising between our clients and their testing provider. We will not provide refunds of any monies paid to Exodus, should such issues impact your travels in any way. We would, however, like to assure you that each of the below companies are reputable providers who have been approved by the UK government to provide this service.



Qured

PCR or Lateral Flow Testing Kits sent to you in the post using Royal Mail tracked delivery, with results available via an online account which you create when booking a test via their website, which can be accessed [here](#).

Use the code **EXODUS10** when booking online to get a 14% discount.

If you have any questions, you can contact Qured by email: suport@qured.com – Please include 'Exodus' in the subject line of your email, so their team can ensure they are providing guidance that is appropriate for Exodus customers.



Nomad Travel

Nomad provides a range of COVID-19 tests for both travel and return to the UK. They have options to receive a test at home by mail order, or by making an appointment for a test at one of their travel health clinics based in Bristol, Cardiff, Manchester, and various clinics across London.

For more information and to book online please visit their [website](#).

Any questions you may have can be answered by the call centre team on 01341 555 061 or sent to via email to covidtesting@nomadtravel.co.uk

Exodus customers can receive a 10% discount on in-clinic PCR Tests and Express Remote PCR test. The discount, where applicable, can be redeemed by using the discount code **EXODUS1001** when booking online.



Screen4

Screen4 can offer PCR tests in the UK, either by post for home testing, or you can book an appointment at one of their clinics, which are located in Barnsley, Birmingham, Cambridge, Cirencester, Harlow, London and Manchester (addresses and opening hours can be found [here](#)).

For more information and to make a booking please visit their [website](#).

Screen4 have a list of FAQs available on their [website](#) and you can also contact their customer services team by phoning 01226 730052.



Randox Testing Services

Randox can provide PCR testing kits in clinic or to be sent to you and are then processed at their laboratory in Northern Ireland. They can assist with Test Before You Travel, Test When You Get Home, and Test to Release.

You can view a list of their clinic locations [here](#).

Home testing kits are sent to you and can be returned to the Randox laboratory either by courier or by using one of their many drop boxes, located throughout the UK, from which samples are collected and sent to the laboratory seven days a week (details of where these are situated can be found [here](#)).

There is a helpful guide to COVID testing and the services offered by Randox here on their [website](#).

For more information, please visit the [Randox website](#), where you can also book a test online:

Exodus clients can receive the below discounted prices by using the code relevant to the test they have booked:

- **ExdsFF** ('Fit to Fly' – test taken before you travel): £43
- **Exds2** (test taken on or before day 2 after you have returned home): £43
- **ExdsGTP** ('Green Travel Package): Both of the above tests: £86

COVID Testing Providers Summary

Provider	Qured	Nomad	Screen4	Randex
Test at home (sent via post)	Yes	Yes	Yes	Yes
In-Clinic Testing	No	Yes	Yes	Yes
Guide Prices Per PCR Test*	From £69	In-Clinic: From £115 Self-test: From £55	In-Clinic: From £75 Self-test: From £60	In-Clinic: From £55 Self-test: From £35
Guide Prices Per Lateral Flow Test*	From £22	In-Clinic From £80 Self-test From £35	In-Clinic: From £35 Self-test: From £25	In-Clinic: From £35 Self-test From £19
Website	CLICK HERE	CLICK HERE	CLICK HERE	CLICK HERE
Discount code	EXODUS10	EXODUS1001 Please note this discount only applies to in-clinic PCR Tests and Express Remote PCR Tests only	Use above link for discounted prices	Fit to Fly Pre-Travel Test Code: ExdsFF
				Day 2 test after you return home Code: Exds2
				Green Travel Package (Pre-travel test and return home test) Code: ExdsGTP

**please note these are subject to change and may include additional fees for courier service/postage, where applicable. For more details, please contact the testing providers.*